



## Women Cell Activities 2018-2021

Dr. Rani Sebastian took in charge of Women cell on 04.01.2019.

- Invited talk by Dr. Mary Regina F, Associate Professor, Kerala Agricultural University on Women Leadership on 10/1/2019 at 2.30pm.





- Invited talk by Ms. Nima Muralitharan, Consultant in Youth Training, Exam Edge Training Centre, Thrissur on Youth Empowerment & Leadership- Catalyst on 11/1/2019 at 2.30pm in Medlycott Hall.





- Invited talk by Dr. Geetha A.P., Mother Hospital Thrissur, on Women and Health on 14/1/2019 at 2.30pm in Menachery Hall.





- A hands-on training for Glass painting and flower making by Sr. Therese John, Our lady Centre Thrissur on 19/1/2019 from 9.30am to 3.30pm.

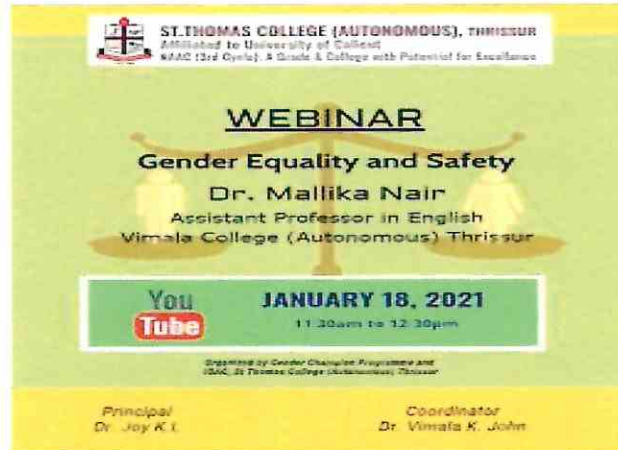


- Women's day celebrations Inaugurated by Executive Manager Rev. Fr. Varghese Kuthur on 22/01/2019 at Palocaran square. It was jointly organized by Women cell, Equal opportunity cell and Gender champion programme. Gender Equity: Self Defence and Self Respect was the motto of the programme. Inauguration of Vidyarthi Suraksha was also done during the programme. Women cell, Thrissur police wing performed the self defence activities. Students of St. Thomas' College performed Kung Fu. A vandanam programme was also arranged. Due to some personal reason Dr. P. Bhanumathi could not attend the meeting. The very next day representatives visited her home and presented the award.





- Invited talk by Ms. Mallika Nair, Assistant professor, Vimala College Thrissur on Gender Champion programme and Gender Equity Programme organized by Women Cell was on 25/01/2019 at 2.30pm.



Live chat

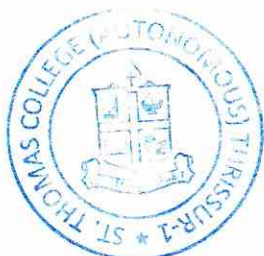


Live chat





- Inauguration of the Women Cell and Self-defence Display by Police on 18-07-2019.





- Invited talk by Dr. Ajeesh P.R., Govt. Mental Health Centre, Thrissur, on the topic *Meet the Psychologist to know your mind* on 11/12/2019 at Medlycott Hall.







- To evaluate and understand the aspect of Gender Sensitivity in the campus, a Gender Survey was conducted by the Women's Cell, St. Thomas' College, Thrissur on 11<sup>th</sup> December 2019. The final year UG students were the participants and they were handed out a questionnaire carrying fifteen Gender Sensitive questions. Students were granted full anonymity.





- National Girl child day observation Inaugurated by Principal Dr. Joy K.L on 24/1/2020. Poster presentation & slogans related arranged at Palocaran square.





- Women's cell in association with KILA & EMC Provided hands on training for selected Kudumbasree members of Mulamkunnathukavu Gramapanchayat on LED bulbs, Tube light and serial bulb production on 29/1/2020 at KILA.



- Department of Physical education in collaboration with women cell introduced Fit Santhome programme on 04/02/2020.
- One day seminar on *Women empowerment and Inclusivity* and celebration of Women day Inaugurated by Dr. K.P.N. Amrutha, KILA Gender faculty on 13/2/2020. Seminar had 3 sessions. Invited talk on *Gender Concerns* by Dr. K.P.N. Amrutha, KILA. Invited talk on *Women and Law* by Adv. Asha Unnithan and Invited talk on *Women's health* by Dr. Tony Joseph.






- Debate on the topic *Is Women empowered* was conducted on 6/3/2020 at 1.30pm. Divya George was the moderator.





- A webcast was conducted on 10/11/2020 by Dr. Lisa Thomas, Assistant professor, School of Law, O.P Jindal Global University, Hararyana on the topic *Understanding Gender Variance* at 9.30 am.

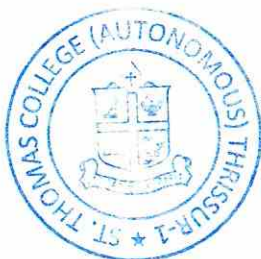
**ST.THOMAS COLLEGE (AUTONOMOUS), THRISSUR**  
**WOMEN'S CELL**  
in association with  
**IQAC**  
Join us  
**Webcast**  
**Understanding Gender Variance**  
**10 November 2020**  
**9.30 am**



**Dr Lisa Thomas**  
Assistant Professor  
School of Law  
O.P Jindal Global University, Sonapat, Hararyana

<https://youtu.be/Q8FIAG9XgeE>

Programme Coordinator  
**Ms. Christeena T. Jose**





- A webinar on Atrocities against women was conducted on 6<sup>th</sup> march 2021 at 10.30 am. Dr. Rani Jasmine initiated the proceedings and Principal Dr. K L Joy delivered the welcome address. Dr. Rose Varghese, Former Vice Chancellor, NUALS was the guest speaker.



WOMEN'S CELL

**St. Thomas College (Autonomous) Thrissur, Kerala**  
**International Women's Day Celebrations**

WEBINAR ON

**ATROCITIES AGAINST WOMEN - THE NEED  
TO MAINTAIN THE DIGNITY OF WOMEN**

**On Saturday 6th March 2021 at 10.30 am**



Resource Person

**Dr. Rose Varghese**

Former Vice Chancellor,  
National University of Advanced Legal Studies  
(NUALS)

Platform: Youtube Live

Principal  
Dr. Joy K.L.

Convener  
Dr. Rani Jasmine Thomas N  
Dr. Sandhya Vincent Neelamkavil  
Dr. Shemi John  
Ms. Seema Sunny

Joint Convener  
Ms. Christeena T. Jose

Dr. Rani Sebastian  
Dr. Jilmy P. Joy



**Principal**  
**St. Thomas College (Autonomous)**  
Thrissur - 680 001