



ST. THOMAS COLLEGE (AUTONOMOUS)

THRISSUR, KERALA - 680 001



NAAC 4th Cycle Accreditation

College with Potential for Excellence
NIRF Ranking 2021: 64th

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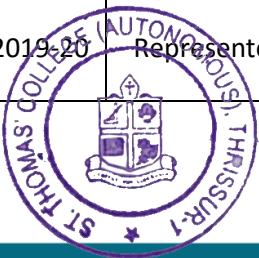
Sports 2020 -21					
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2020-21	First - 200 M	Individual	National	60th National Inter state Senior Athletics championships	Anjali P D
2020-21	First - 110 M Hurdles	Individual	National	18th Federation Cup National Junior (U-20) Athletics Championships	Ann Rose Tomy
2020-21	First - Long Jump	Individual	National	18th Federation Cup National Junior (U-20) Athletics Championships	Ancy Sojan E
2020-21	First - 200 M	Individual	National	36th National Junior Athletics Championships	Ancy Sojan E
2020-21	First - Long Jump	Individual	National	36th National Junior Athletics Championships	Ancy Sojan E
2020-21	Second - 200 M	Individual	National	18th Federation Cup National Junior (U-20) Athletics Championships	Ancy Sojan E
2020-21	Second - 100 M	Individual	National	18th Federation Cup National Junior (U-20) Athletics Championships	Anjali P D
2020-21	First - 100 M	Individual	National	32nd South Zone Junior Athletics championships	Anjali P D
2020-21	First - 200 M	Individual	National	32nd South Zone Junior Athletics championships	Anjali P D
2020-21	First	Team	State	15th Senior State Men & Women Sepaktakraw Championship	Akshay U
2020-22	First	Team	State	15th Senior State Men & Women Sepaktakraw Championship	Sonu Prakash
2020-21	Participation	Individual	State	53rd Kerala State Shooting Champonship 2021	Harirang S



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Sports 2019 -20					
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Bronze	Individual	International	Asian Beach Sepaktakraw Championship held at China	VISHOY V
2019-20	Fifth Position	Individual	International	4th Men's University Powerlifting Cup held at Tartu, Estonia	BIBIN JOY
2019-20	First	Individual	National	44th Senior Natonal Yogasana Sports Championship 2019-20	Alex Jerom M
2019-20	Second	Team	National	All India Inter-University Athletics (Men) Championship	Aswin B Shankar
2019-20	Third	Team	National	All India Inter-University Sepak Takraw (Men) Tournament	VISHOY V
2019-20	Third	Team	National	All India Inter-University Sepak Takraw (Men) Tournament	Yadukrishna A P
2019-20	Third	Team	National	All India Inter-University Sepak Takraw (Men) Tournament	Suryakiran V
2019-20	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Manikandan K
2019-20	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Prajith R G
2019-20	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Salih Bin Hamsa P
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Men) Tournament	Sagar K P
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Men) Tournament	Jithin K Simon



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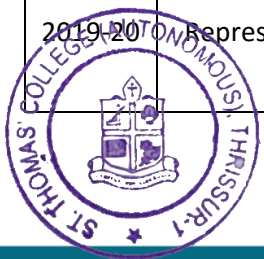


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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Men) Tournament	Alex Jerom M
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Women) Tournament	Sneha Benny
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Women) Tournament	Abila P V
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Women) Tournament	Anjali C U
2019-20	Represented University	Individual	National	All India Inter-University Yoga (Women) Tournament	Anaswara Mohan
2019-20	Represented University	Team	National	All India Inter-University Sepak Takraw Tournament	Sonuprakash
2019-20	Represented University	Team	National	All India Inter-University Sepak Takraw Tournament	Akshay U
2019-20	Represented University	Team	National	All India Inter-University Water Polo (Men) Tournament	Bibin S
2019-20	Represented University	Team	National	All India Inter-University Water Polo (Men) Tournament	Amal M B
2019-20	Represented University	Team	National	All India Inter-University Water Polo (Men) Tournament	Albin Mathew
2019-20	Represented University	Team	National	All India Inter-University Chess (Men) Tournament	Sooraj M R
2019-20	Represented University	Team	National	All India Inter-University Chess (Men) Tournament	Sibin Paul



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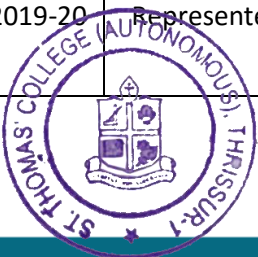
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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Represented University	Individual	National	All India Inter- University Cycling Road (Women) Tournament	Vinimol K V
2019-20	Represented University	Individual	National	All India Inter- University Cycling Road (Women) Tournament	Athulya K Sudhakaran
2019-20	Represented University	Individual	National	All India Inter- University Cycling Road (Men) Tournament	Alex T F
2019-20	Represented University	Individual	National	All India Inter- University Cycling Road (Men) Tournament	Akhil Mohanan
2019-20	Represented University	Individual	National	All India Inter- University Cycling Road (Men) Tournament	Vishnuprasad K
2019-20	Represented University	Individual	National	All India Inter- University Fencing (Men) Tournament	Sarath V S
2019-20	Represented University	Individual	National	All India Inter- University Fencing (Men) Tournament	Geo Francis
2019-20	Represented University	Individual	National	All India Inter- University Fencing (Men) Tournament	Albert
2019-20	Represented University	Individual	National	All India Inter- University Fencing (Men) Tournament	Rahul C R
2019-20	Represented University	Individual	National	All India Inter- University Fencing (Men) Tournament	Don Thomas Davy



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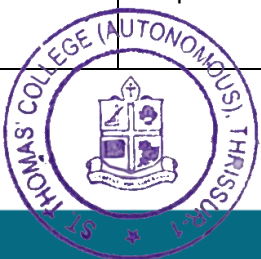


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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Jaimy Joy
2019-20	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Rijohn Jose
2019-20	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Rahul Radhakrishnan
2019-20	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Bibin Francis
2019-20	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Championship	Bibin Joy
2019-20	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Championship	Shamon K Shaji
2019-20	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Championship	A O Althaf Omar
2019-20	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Nithin P
2019-20	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Anandu M B
2019-20	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Dhanoop D




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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Sreelal S
2019-20	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Kiran V M
2019-20	Represented University	Individual	National	All India Inter-University Boxing (Men) Championship	Abhay Kumar K K
2019-20	Represented University	Individual	National	All India Inter-University Boxing (Men) Championship	Shiyaz P N
2019-20	Represented University	Individual	National	All India Inter-University Boxing (Men) Championship	Srirag K G
2019-20	Represented University	Individual	National	All India Inter-University Athletics (Men) Championship	Muhammed Riswan C
2019-20	Represented University	Individual	National	All India Inter-University Athletics (Men) Championship	Melbin Biju
2019-20	Represented Kerala	Team	National	30th Senior National Sepaktakraw Championship	Suryakiran
2019-20	Represented Kerala	Team	National	30th Senior National Sepaktakraw Championship	Vishoy V
2019-20	Third - Water Polo	Team	State	67th Kerala State Aquatic Championships for Men & Women 2019	Amal M B
2019-20	Participation	Individual	State	16th State Mountain Cycling Championships 2019	Akshay P P



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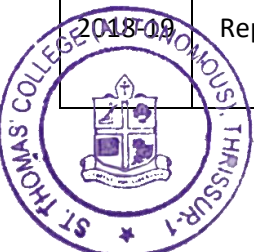
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2019-20	Participation	Individual	State	16th State Mountain Cycling Championships 2019	Albin Joy P
2019-20	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Amal Dev T V
2019-20	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Adithya Mohan
2019-20	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Vignesh Puthur
2019-20	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Afrad Reshab P M
2019-20	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Mohammed Ashiq Hadi
2019-20	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Adersh shanmughan
2019-20	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Shiyas P S



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Sports 18-19					
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2018-19	Gold - Boxing	Individual	International	Indo - Nepal Goodwill Rural Games International Championship 2019 held at Kathamandu, Nepal	GOUTHAM P. B
2018-19	Gold - Boxing	Individual	International	Indo - Thailand Goodwill Rural Games International Championship 2018 held at Pattaya, Thailand	GOUTHAM P. B
2018-19	Sixth Position	Individual	International	8th Asian Yoga Sports Championship 2018 held at Thiruvananthapuram, India	ALEX JEROM M
2018-19	Participation	Individual	International	Commonwealth Chess Championship 2018 held at New Delhi, India	SOORAJ M R
2018-19	Gold - Boxing	Individual	National	RGOI Rural Games National Federation Cup-2019	Sudev M N
2018-19	Gold - Boxing	Individual	National	RGOI Rural Games National Federation Cup-2020	Srirag K G
2018-19	Third - Power Lifting	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Bibin Joy
2018-19	Third - Weight Lifting	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Devapreedhan B
2018-19	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Mohammed Shan A S
2018-19	Represented University	Individual	National	All India Inter-University Athletics (Men) Tournament	Sahad N V





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2018-19	Represented University	Individual	National	All India Inter-University Athletics (Men) Tournament	Arun V
2018-19	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Sajith K S
2018-19	Represented University	Team	National	All India Inter-University Football (Men) Tournament	Sreekuttan V S
2018-19	Represented University	Individual	National	All India Inter-University Swimming (Men) Tournament	Kiran V M
2018-19	Represented University	Individual	National	All India Inter-University Swimming (Men) Tournament	Adithyan M
2018-19	Represented University	Individual	National	All India Inter-University Swimming (Men) Tournament	Adarsh M S
2018-19	Represented University	Individual	National	All India Inter-University Swimming (Men) Tournament	Sreelal S
2018-19	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Ebin Babu P
2018-19	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Abhay Kumar K A
2018-19	Represented University	Team	National	All India Inter-University Sepak Takraw (Men) Tournament	S Kiran



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2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Sreejith S S
2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Kannan Soman
2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Adarsh M S
2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Jibin Varghese
2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Premjith J
2018-19	Represented University	Team	National	All India Inter-University Water Polo (Men)Tournament	Bibin S
2018-19	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	Geo Francis
2018-19	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	Albert
2018-19	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	Rahul C R
2018-19	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Prajith R G



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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2018-19	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Abhinand P M
2018-19	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Salih Bin Hamza P
2018-19	Represented University	Individual	National	All India Inter-University Weight Lifting (Men) Tournament	Manikandan K
2018-19	Represented University	Individual	National	All India Inter-University Yoga (Men) Tournament	Jithin K Simon
2018-19	Represented University	Individual	National	All India Inter-University Yoga (Men) Tournament	ALEX JEROM M
2018-19	Third	Individual	State	Kerala State Boxing Championships 2018-19	Sudev M N
2018-19	Participation	Individual	State	19th Kerala State Junior Tug of War Championships 2018-19	Aghil C Antony
2018-19	Participation	Individual	State	19th Kerala State Junior Tug of War Championships 2018-19	Ajmal Roshan K A
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Vivek K S
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Amal Dev T V



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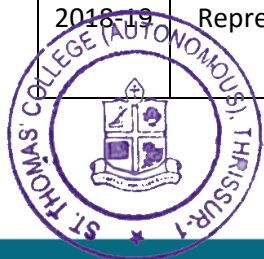


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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Abhiram C H
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Adithya Mohan
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Mohamed Hamza K V
2018-19	Represented University	Team	Inter-University	South Zone Inter University Cricket (Men) Tournament	Amal Raju
2018-19	Represented University	Team	Inter-University	South Zone Inter University Chess (Women) Tournament	Jyothika U R
2018-19	Represented University	Team	Inter-University	South Zone Inter University Chess (Women) Tournament	Nidhisha M Mohanan
2018-19	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Remesh C R
2018-19	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Mohammed Asharudheen K P
2018-19	Represented University	Team	Inter-University	South Zone Inter University Hockey (Men) Tournament	Aswanth K Sajeev
2018-19	Represented University	Team	Inter-University	South Zone Inter University Chess (Men) Tournament	Deepak K S



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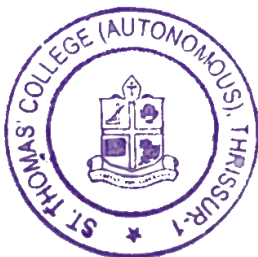
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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2018-19	Represented University	Team	Inter-University	South Zone Inter University Chess (Men) Tournament	Sibin Paul
2018-19	Represented University	Team	Inter-University	South Zone Inter University Chess (Men) Tournament	Syam Peter

Sports 17-18					
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2017-18	Gold - Boxing	Individual	International	Indo - Nepal Goodwill Rural Games International Championship 2018 held at Kathamandu, Nepal	Gautham P. B
2017-18	Silver - Yoga	Individual	International	Indo - Srilanka International Championship 2018 held at Colombo, Sri Lanka	Jismi P. A.
2017-18	Gold - Boxing	Individual	National	RGOI Rural Games National Federation Cup - 2017	Gautham P. B
2017-18	First	Team	National	All India Inter-University Football (Men) Tournament	Sajith K S
2017-18	First	Team	National	All India Inter-University Football (Men) Tournament	Sreekuttan V S
2017-18	First	Individual	National	All India Inter-University Athletics (Men) Tournament	Maymon Poulose
2017-18	Second	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Bibin Joy



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Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2017-18	Represented University	Team	National	All India Inter University Chess (Men) Tournament	Sooraj M R
2017-18	Represented University	Team	National	All India Inter University Chess (Men) Tournament	Deepak K S
2017-18	Represented University	Individual	National	All India Inter-University Athletics (Men) Tournament	Arun V
2017-18	Represented University	Individual	National	All India Inter-University Athletics (Men) Tournament	Sahad N V
2017-18	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	France Francis
2017-18	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	Geo Francis
2017-18	Represented University	Individual	National	All India Inter-University Fencing (Men) Tournament	Stebin Thomas K
2017-18	Represented University	Individual	National	All India Inter-University Cycling (Men) Tournament	Rahul T S
2017-18	Represented University	Individual	National	All India Inter-University Cycling (Men) Tournament	Varun C V
2017-18	Represented University	Individual	National	All India Inter-University Cycling (Men) Tournament	Vishnuprasad K



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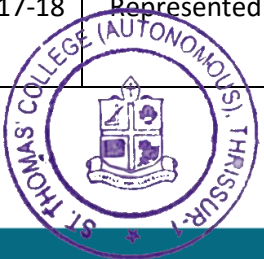
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2017-18	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Akshay Dileep
2017-18	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Anthonis M D
2017-18	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Gokul Krishna P V
2017-18	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Kishor P Xavier
2017-18	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Christopher C J
2017-18	Represented University	Team	Inter-University	South Zone Inter University Hockey Tournament	Mujeeb P M
2017-18	Represented University	Team	Inter-University	South Zone Inter University Hockey Tournament	Remesh C R
2017-18	Represented University	Team	Inter-University	South Zone Inter University Hockey Tournament	Vishnu V V
2017-18	Represented University	Team	Inter-University	South Zone Inter University Hockey Tournament	Alwin Jose
2017-18	Represented University	Team	Inter-University	South Zone Inter University Cricket Tournament	Vivek K S

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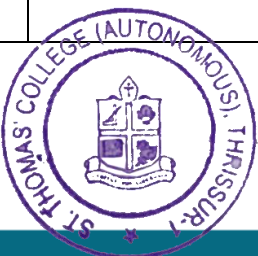




Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2017-18	Represented University	Team	Inter-University	South Zone Inter University Cricket Tournament	Sidharth Sankar
2017-18	Represented University	Team	Inter-University	South Zone Inter University Chess (Women) Tournament	Johnlin C Johnson
2017-18	Represented University	Team	Inter-University	South Zone Inter University Chess (Women) Tournament	Choondal Alfred Deepthi
2017-18	Represented University	Team	Inter-University	South Zone Inter University Chess (Women) Tournament	Nidhisha M Mohanan

Sports 16-17

Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2016-17	First	Individual	National	All India Inter-University Athletics (Men) Tournament	Maymon Poullose
2016-17	Represented University	Individual	National	All India Inter-University Cycling (Men) Tournament	Jithu N J
2016-17	Represented University	Individual	National	All India Inter-University Cycling (Men) Tournament	Franlan C F
2016-17	Represented University	Individual	National	All India Inter-University Power Lifting (Men) Tournament	Kishor P Xavier
2016-17	Represented University	Individual	National	All India Inter-University Swimming (Men) Championship	Binu Issac



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2016-17	Represented University	Team	National	All India Inter-University Water Polo (Men) Tournament	Sreerag S
2016-17	Represented University	Individual	National	All India Inter-University Boxing (Men) Tournament	Akhillal Babu



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