



The NSS Units of St. Thomas College (Autonomous) were challenged by the pandemic restrictions. To reach out to the students of the college and public and to initiate discussions on socially relevant topics a podcast named SOCIOPODS was launched in May 2021. A variety of socially pertinent topics are discussed. Eminent guests are also invited.

This initiative has not only served in sensitizing students and public at large but has also encouraged the students to be change makers and change drivers.

Link to Sociopods page on college website: <https://stthomas.ac.in/sociopods-an-exclusive-podcast-of-nss-stc/>

Along with Sociopods NSS units of St. Thomas College (Autonomous) also release weekly e-newsletter and publish it in the college website. Name of the e-newsletter is “Manassu Nannavatte”.

Link to Manasunnavatte-NSS e-Weekly Page on College Website: <https://stthomas.ac.in/nss-weekly/>